

De Over \$2000 in Cash and Prizes!

# Vlees Huis

Saturday  
April 21, 2012  
Bakersfield, CA

Held under USA Cycling Permit



Presented by:



Action Sports

BIKE BAKERSFIELD  
BICYCLING FOR EVERYDAY TRANSPORTATION



# Ronde

“A ROAD RACE FOR THE STRONG”

For Race Details go to [www.teamactionsports.com](http://www.teamactionsports.com)

# De Vlees Huis Ronde

April 21, 2012

## CATEGORIES AND INFO



Category	Start time	Distance	Purse	Places	Entry Fee
Women 1,2,3	8:00am	2 laps/60 miles	\$200	6	\$30
Men 55/60 1-5	8:10am	1 lap/30 miles	\$150	6	\$30
Cat 5	8:20am	1 lap/30 miles	Awards	6	\$30
Men 30+ 4/5	8:30am	1 lap/30 miles	\$150	6	\$30
Women 3/4	8:35am	1 lap/30 miles	\$150	6	\$25
Cat Pro 1/2	10:35am	3 laps/90 mile	\$600	10	\$35
Cat 3	10:40am	2 laps/60 miles	\$200	6	\$30
Cat 4	10:50am	2 laps/60 miles	\$200	6	\$30
Men 35+ 1-4	11:00am	2 laps/60 miles	\$200	6	\$30
Men 45+ 1-4	11:10am	2 laps/60 miles	\$200	6	\$30

A purse showing SS money indicates CASH...you'll have earned it! Field Limits - Cat 5 men = 50, Cat 3/4 women = 75, Men 55/60 = 75, all other races = 100

### RACE INFORMATION

Race Director: Sam Ames

### COURSE

We have found the course...come receive the challenge....

A classic European style 30 mile loop. Easy flats, steady climb, and lots of puncher climbs in between the flats back to the finish. Finish is after a steady uphill kick. Road conditions vary from excellent to good. This is an open course with centerline rule **STRICTLY** enforced for the entire course. Race profile and details will be available by April 1st.

### DIRECTIONS

From Hwy. 99 exit Hwy 58 East. Proceed east to Towerline Road, turn left (North) on Towerline Rd. to Bena Road. Turn right to race parking. **PLEASE PARK "IN"** and **NOT** parallel with the road. This will allow for more parking. Parking is permitted on the North or South side of Bena Rd.

**REGISTRATION:** Add \$5 for race day registration

**PRE-REGISTRATION STRONGLY ENCOURAGED - MANY RACES WILL FILL UP.** Online entry is available at [www.usacycling.org](http://www.usacycling.org). Online registration closes at 11:59 pm Wednesday April 18th. All racers, pre-registered or not must produce a "signed in ink" waiver at the pre-ride or day of to get your number. **PLAN AHEAD!**

Waivers for licensed riders can be found here:  
[www.usacycling.org/forms/riders\\_release.pdf](http://www.usacycling.org/forms/riders_release.pdf)

Riders without a USA Cycling license must buy a one day license for \$10. You may only enter the Men Cat 5 and Women 4's respectively to your gender or age. If you plan on road racing more, why not get an annual license! Go to [www.usacycling.org](http://www.usacycling.org) to purchase. One day unlicensed racers will complete their one day license form at the pre-ride or day of.

Snail Mail entries may be sent to and payable to: Sam Ames, "Vlees RR" 5100 Venus Court Bakersfield, CA 93306. Do not mail entries after April 15th! Registration opens at 6:30am and will be located at the start finish area. Registration will close 15 minutes prior to each race start.

Prizes can be picked up at the registration area. Awards podium for the 8-8:35am races will be at approximately 11am. Award podium for the 10:30-11:10am races will be at 3pm, or as soon as the final race concludes and results are final.

### GENERAL INFORMATION

LAND OWNER RULES FOR THE SOUTH SIDE OF BENA/ORANGE ORCHARDS:

Pop ups are **OK** for shade, **STAY OUT** of the orchard, **DO NOT** pick fruit, **NO** vending of any kind, **NO** going to the bathroom in the orchards

### FOLLOW VEHICLES

We will do our best to provide follow trucks for your wheels for as many races as possible, but be prepared to fix your own flat or mechanical issue!! Drafting or helping other riders in other categories is not allowed. Please label your wheels with your name and race number. Wheels are to be delivered to your vehicle, which will be marked in the back window, and picked up or exchanged after your race in the "wheel pit" located at registration.

**FEED ZONE:** to get to the feed zone go back to Towerline Rd. and back onto Hwy 58 EAST. Exit Hwy. 223. Turn right onto Bena Rd. to the feed zone signs. **DO NOT GO ONTO THE COURSE VIA THE START FINISH AND DO NOT GO THRU THE FEED ZONE ONTO THE COURSE!** No neutral feeds, you are on your own. **PICK UP YOUR BOTTLES AND TRASH!!**

**DO NOT** go to the bathroom in public!! Use the bathrooms provided.

**DO NOT** disturb the residence near the start with loud music, profanity or any other disruptive behavior.

**DO NOT** jeopardize this incredible new event! Stay safe, race strong!

Numbers are to be placed on the **RIGHT SIDE ONLY** and well pinned, **NO LEFT!** Numbers should show well and be flat when in the "on the bike" position.

No warming up on the course, bring a trainer.

All USA Cycling rules apply ([www.usacycling.org](http://www.usacycling.org)). Races run rain or shine. No refunds.

This is an open course with centerline rule **STRICTLY** enforced for the entire course.



**FREE ITALIAN BBQ!!**  
**FRIDAY EVENING**

We are hosting a pasta dinner/registration and number pickup Friday night, April 20th. from 4-8 pm. Location: Bolthouse Farms-AIAGE/Rous Cycling Team House, 2222 Dracena Street, Bakersfield 93304.

**TAKE ADVANTAGE OF THIS, ENJOY AND REGISTER!**

Please RSVP the Italian BBQ dinner to: [sam@teamactionsports.com](mailto:sam@teamactionsports.com). This very cool and generous dinner is **FREE!**—Say thank you to the hosts!



**Sam Ames**  
**String Instrument Repair**  
Violins, Violas & Cellos  
Bow Rehairing & Repair



**SPORTS**  
**PHOTOGRAPHY**